

2010 SPRING BREAK BASEBALL ACADEMY

Since our establishment in the fall of 2005, Five Star Sports Academy was created to give the highest level of baseball training in Orange County. Our training and coaching staff all have professional or collegiate level experience and are instructing some of the top professional, college, high school and youth league players in Southern California. It is our goal to help each player develop their skills to their fullest potential. We stress the importance of not only the fundamentals and mechanics of the game, but also help each player's mental approach to the game in a fun and exciting and challenging way to bring each player's game to the next level.

Each Academy member will receive 3 1/2 hours of professional instruction, stretching, conditioning, and a TEAM COMBAT t-shirt

Four day camp - Guaranteed NO RAIN OUTS



Sample day:
9:00-9:15 Stretch
9:15-9:45 Conditioning
9:45-9:50 Break
9:50-11:50 Drills and stations
11:50-12:00 Break
12:00-12:30 Skills Competition

SPRING ACADEMY DATES:

April 5-8, 2010

ACADEMY LOCATION:

Lebard School - Home of Seaview Little League
20451 Craimer Ln, Huntington Beach, 92646

ACADEMY TIMES:

9:00am - 12:30pm

"ECONOMY BUSTER"

With the challenges of the current economy register early and get our most discounted rate

WEEK 1 = \$160 EB = \$120

Sibling = \$300.00 EB = \$220

Please register by **March 26** to receive our Economy Buster price

Ask about our Early and Extra Innings Care

www.FiveStarSportsAcademy.com

Register on line at FiveStarSportsAcademy.com

Contact Scott Mahaffy, President and Owner
Team@FiveStarSportsAcademy.com

10530 Lawson River Ave, Fountain Valley, CA, 92708-714-962-5553

**NEXT
LEVEL**

ADVANCED CAMP

We will be holding an Advanced camp for Travel ball level and high level rec league players at the same time and same park on adjacent field.

Please indicate if you want to be included in the advanced level camp.

Advance Camp is \$10 additional per player.