



in
partnership
with

Lifeletics[®]
Baseball Instruction

present

SPRING TRAINING CLINIC

3-Hour Instructional Clinic for Athletes and Coaches

SUN
2/12

Join Lifeletics instrutors Sunday, Feb 12th at Mile Square Park for the **2012 Lifeletics Spring Training Clinic** at FVPB. Clinic offers a great opportunity for athletes to dust off the gloves and bats and prepare for the spring season! Station instruction includes hitting, fielding, pitching, baserunning, outfield and is offered by professional players and coaches - the highest quality training staff! Athletes bring only a glove and bat.

FVPB has invited Lifeletics to offer their **2012 Coaching Clinic** to all member managers, coaches and parents. Learn proven methods for planning practices and managing your team, as well as how to teach the fundamentals of baseball in fun, creative and effective ways. Lifeletics offers interactive, enjoyable and easy-to-follow clinics, breaking down skills to a series of simple steps. Clinic includes 3-hour presentation and an instructional packet loaded with information and drills. Bring your glove and dress comfortably! Coaching clinic



Lifeletics is the ONLY instructional staff selected to lead the RBI youth skills clinics inside and on the field of ANAHEIM STADIUM. Several current professional players will be instructing at the clinic

led by Lifeletics President Dan Keller, author of Human Kinetics' publication *The Survival Guide to Coaching Youth Baseball* and Lifeletics publication *Coaching the Beginning Pitcher*.

Spring Training Clinic 2012

Sunday 2/12 2:00-4:30pm @ Mile Sq Park

Athlete Clinic \$ 40** AGES: 6 - 13

** Discounted price of \$30 if received by 2/5 **

Coaching Clinic Free

Clinic registration
1:30-1:55pm

Receive \$10 off
Register online by 2/5
for discounted price of \$30

(\$40 fee after 2/5)

STC - 2012 - FVPB

NO REFUNDS: In case of rain, clinic may be moved indoors to the Lifeletics Training Facility or rescheduled to a make-up date set around the league calendar. All registered athletes will be invited to attend. **NO REFUNDS.**

For more info, contact Jim Doyle 714.454.1773 or see below

Register Online: **lifeletics.com**

For more info: www.lifeletics.com 714 843 1989 team@lifeletics.com
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